

WALLY CAT WANTS YOU TO WASH YOUR HANDS OFTEN!

Follow these 6 steps when washing your hands:

- 1** Wet hands with warm water.
- 2** Apply soap.
- 3** Rub hands together for 20 seconds.
- 4** Don't forget your fingernails.
- 5** Rinse the germs away.
- 6** Dry your hands.



References:

- Natalie Jones
UK Cooperative Extension Service
- CDC; http://bit.ly/UKFCS_CDCHandwashing
- Wally Cat design by Chris Ware

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